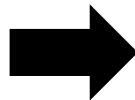


# FECAL SAMPLE INSTRUCTIONS

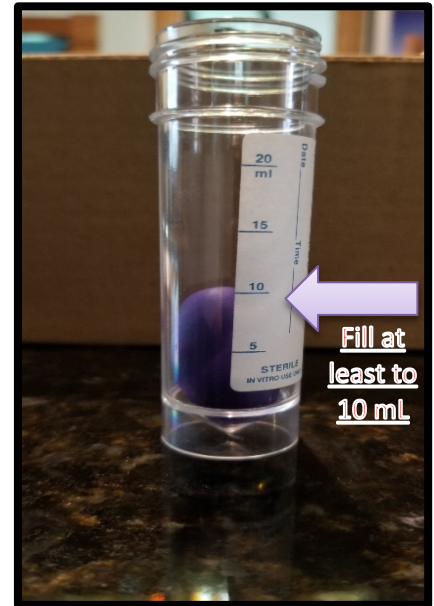
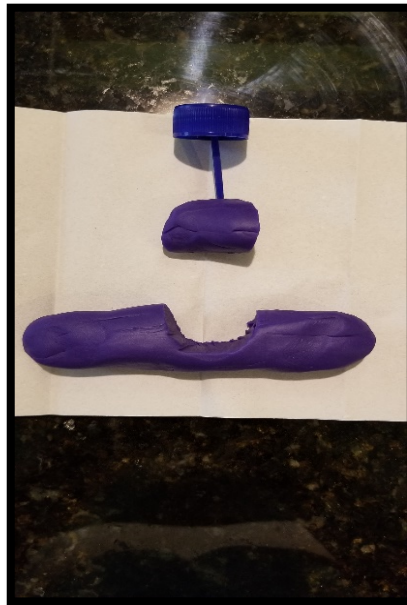
- 1) Inside your Collection Kit you will find: sterile tube with spoon attached to cap, paper toilet band, disposable gloves, insulated storage pouch and ice pack (put in freezer).
- 2) In order to collect your stool sample, follow the instructions on the instruction card provided, displayed here:



- 3) To collect your sample: Place paper toilet band around toilet seat. The band will catch the stool sample.  
**IMPORTANT:** Urine should not mix with your sample.



- 4) Put on disposable gloves. Unscrew the tube. Using the spoon attached to the cap, scoop a large-sized amount of the sample into the tube, approximately the size of a walnut. If possible, you should obtain your scoop from THE MIDDLE of the total stool sample. Do not allow the scoop to touch anything besides the sample and the collection tube!! The amount of sample should at least reach the 10ml line on collection tube. Screw cap back onto tube.



A detailed **video** of this sample\_procedure called “Easy, Reliable Faecal Sample Collection for Bowel Cancer Screening” can be found on Youtube, at this site: <https://www.youtube.com/watch?v=-juYhH6gMOQ>

At this time you can tear the biodegradable paper band and let it drop into the toilet. Wait 2 minutes to allow paper to become soft, then flush.

- 5) Double bag the sample. Then place the double-bagged sample tube in the insulated container provided along with the reusable ice pack. Store the insulated container and its contents in a refrigerator until pick-up. Call the researchers at 614-293-4736 to pick up the sample.